



MIA news

Miyakonojo International Association

Miyakonojo International Association
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Our Town, Our People

This corner introduces foreign nationals living in Miyakonojo and Mimata, as well as residents engaged in international projects.

Selamat Pagi!

My name is Yudika Ergiyanto, and I come from Indonesia. As of April this year, we moved to Miyakonojo City. Before this, we spent 5 years in Nara and Osaka Prefectures.

We decided to move to Miyakonojo in order to live a more natural lifestyle, living ecologically-minded and spending time growing our own vegetables using natural methods. During the other half of my week, I work as an engineer in a company in this city. With my personal introduction complete, let's talk a little about my home country of Indonesia.



You will find food stalls on almost every streetside, typically selling Nasi Goreng (Fried Rice), Sate Ayam (Roast Chicken) and Soto Ayam (Chicken Soup). The average cost of a



meal from these vendors is around 200 Yen. You will also find tropical fruits such as bananas, watermelons and mangoes in large quantities and at affordable prices. In my home town in East Java, my parent's home has banana, mango and guava trees, something which is quite common in our area.



Indonesia is approximately 5000 km from Japan, its area is 5 times the size of Japan, and with a population of over 267 million people, it is the world's 4th most populous country. The capital city of Jakarta is located on Java Island. In addition to the official language of Indonesian, there are over 700 regional languages spoken throughout the country by over 300 different ethnic groups. Split by the equator, Indonesia's climate is almost entirely tropical (wet and dry seasons), with temperatures ranging from 23 to 28 degrees Celsius. Humidity in the area is relatively high, ranging from 70 to 90 percent. Indonesia has the largest Muslim population in the world, despite being a secular country by law.

The archipelago of Indonesia holds an abundance of herbs and spices; as a result, traditional recipes are entirely shaped by their usage. As a side effect, a number of these dishes may not suit the tastes of those that visit from overseas. While there are variations in recipes across localities, these are once again dictated by the availability of certain crops. Due to the amount of cane and palm sugar available, Javanese cuisine caters towards sweeter tastes. Other areas, such as Manado, Padang and Bali, infuse their dishes with a variety of chilies and spices. In all regions, however, it is more common to have your meal served alongside rice rather than bread.

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The Education System throughout Indonesia's Public Schools is not all that different to Japan, with most schools having uniforms and 9 years of compulsory education. School in Indonesia usually starts at around 7:00 AM and finishes around 2:00 PM. Common sports across Indonesia include

Badminton, Volleyball and Soccer.

There are countless cultural and other unique experiences waiting for you, so if you have the chance, come visit Indonesia!



Events

※For all events listed below, necessary precautions will be taken in order to avoid the spread of COVID-19. We ask for your cooperation with the following:

- *Hand Sanitisation *Use of Masks
- *Body Temperature (Participants must not have a fever of 37.5°C or above)

◇ International Understanding Seminars: China & Mongolia

Miyakonojo's 3 CIRs (hailing from Australia, Mongolia & China) will be introducing their home country's culture, history, language & more.

Sessions ①~③ held at the Miyakonojo Community Centre, 2nd Floor Study Room

① Australia

Date & Time: February 3rd (Wed) 2021, 10:30~11:30

② China

Date & Time: February 5th (Fri) 2021, 10:30~11:30

③ Mongolia

Date & Time: February 10th (Wed) 2021, 10:30~11:30

Sessions ④~⑥ held at the Mimata Chuo Community Centre (Kominkan), No. 1 Training Room

④ Mongolia

Date & Time: February 12th (Fri) 2021, 10:30~11:30

⑤ China

Date & Time: February 18th (Wed) 2021, 10:30~11:30

⑥ Australia

Date & Time: February 22nd (Mon) 2021, 10:30~11:30

Further details regarding these sessions:

Cost: Free

Capacity: 15 members (participants will be selected by lottery if applications exceed 15 members)

Open to Members & residents of Miyakonojo/Mimata

When applying, please provide the following details:

① Name

② Contact Details (Phone Number & Address or E-mail)

③ Seminar Preference (up to your second preference)

You may attend either of Miyakonojo's or Mimata's session, regardless of where you reside. The content of both sessions is identical.

Applications close January 8th (Friday)

* Successful applicants will be contacted and informed

by phone or e-mail by January 22nd (Friday).

Please direct all applications and inquiries to:

Miyakonojo International Association Office

Phone: 0986-23-2295

Mail: mia@btvm.ne.jp

◇ Miyazaki From the Outside (MIFA-run) Travelling Exhibition



This exhibition showcases various pieces of art, whether as photos, paintings, calligraphy or any other kind, as produced by foreign nationals living in Miyazaki Prefecture, with the prefecture as the central theme.

Location 1: Miyakonojo City Hall 1F Lobby

Date: Jan. 19th (Tue) ~ 21st (Thu), 2021

Location 2: Mimata Town Library Exhibition Corner

Date: Jan. 27th (Wed) ~ 29th (Fri), 2021

◇ Regarding World Festa

In order to avoid the spread of the Novel Coronavirus, World Festa In Miyakonojo 2021 planned for January 2021 has been cancelled.

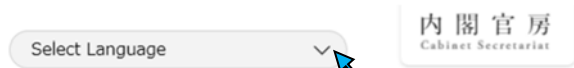
Events

◇ Coronavirus Countermeasures Multilingual Leaflet

The Coronavirus Countermeasures Promotion Office (Cabinet Secretariat) has recently released a multilingual leaflet regarding situations that increase the risk of transmission, and how to avoid them. This leaflet is available in the following languages:

Japanese & Simple Japanese, English, Arabic, Italian, Spanish, German, French, Portuguese, Russian, Chinese (both Cantonese & Mandarin), Korean, Indonesian, Tagalog, Vietnamese, Thai, Burmese, Nepalese, and Cambodian.

Homepage: <https://corona.go.jp/>



You can change languages by using the 'Select Language' toolbar at the top of the page.

"5 situations" that increase the risk of infection

<p>① Social gatherings with drinking alcohol</p> <p>※ Drinking alcohol improves mood and at the same time decreases attention. In addition, hearing is dulled and it leads to speaking in a louder voice.</p> <p>※ The risk of infection increases when large numbers of people are in a small space for a long time.</p> <p>※ In addition, sharing glasses and chopsticks increases the risk of infection.</p>	<p>② Long feasts in large groups</p> <p>※ Long-term meals, dinner receptions, drinking alcohol at night increase the risk of infection compared to a short meal.</p> <p>※ The risk of infection is increased by eating and drinking in a large group of people, for example, 5 or more people, because in groups you have to talk louder and droplets of saliva spread more often.</p>
<p>③ Conversation without a mask</p> <p>※ Talking at close range without a mask increases the risk of airborne or micro-droplet infection.</p> <p>※ Cases of infection without masks were observed during gatherings in karaoke machines.</p> <p>※ Please be careful when traveling by car or bus.</p>	<p>④ Living together in a small limited space</p> <p>※ Living together in a small limited space increases the risk of infection because the enclosed space is shared by several people for a long time.</p> <p>※ There have been reports of suspected infections in common areas such as dormitory bedrooms and bathrooms.</p>
<p>⑤ Switching locations</p> <p>※ When you move to another location, such as when you take a break in a workplace, the risk of infection may increase due to the feeling of relaxation and changes of the environment.</p> <p>※ Suspicious cases of infection were identified in break rooms, smoking areas and changing rooms.</p>	

Movies info C-Plaza Cine-port (Tel: 0986-24-2571)

17-9 Nakamachi, Miyakonojo, Miyazaki Map-Code (GPS): 117 488 540*55

- Kimetsu no Yaiba the Movie: Infinity Train (Japanese)
- The Legacy of Doctor Death -BLACK FILE- (Japanese)
- Silent Tokyo (Japanese)
- Stand By Me: Doraemon 2 (Japanese)
- Wonder Woman 1984 (Japanese Dub)

- *The 1st of every month is ¥1,100 for everyone.
- *Every Wednesday is 'Ladies' Day', all ladies ¥1,100.
- *The cinema is closed every Tuesday.
- *For session times visit: <http://movie.walkerplus.com/th286/schedule.html> (Japanese)